

WARM-UP

- What is something you enjoy doing after a hard day or situation? Tell us about it.
- What's a victory you remember winning? Tell us what happened. How did you feel?
- When you encounter a challenging situation, what's the first thing you want to do?

WORD *"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."* **JOHN 16:33**

During the Last Supper, before Jesus' death, He encouraged His disciples to *have peace* and *take heart*. He knew that during His arrest, trial, and execution they would scatter and leave Him (John 16:32). Peter, one of His closest disciples, even denied that he knew Him. When we, as Jesus' disciples, face hardships and terrifying situations, we should remember these three truths that Jesus spoke, and act in faith and obedience.

1 | We have peace in Christ.

"I have said these things to you, that in me you may have peace. . ." **JOHN 16:33**

During the Last Supper, Jesus told His disciples many things about who He was and how much He loved them. He wanted them to find peace in His words and assurances. In the same way, we have the words of Christ, through the Bible, and He assures us we *may have peace* in Him through this. How does reading the Word affect your daily life?

2 | We have trouble in this world.

". . . In the world you will have tribulation. . ." **JOHN 16:33**

Jesus did not sugarcoat, downplay, or hide the truth that we will have trouble in this world. Just looking around, or sometimes at our own situations, we know that there are many issues we cannot solve on our own. What does James 1:12 say we should do in times of trial?

3 | We overcome through Christ.

“... *But take heart; I have overcome the world.*” **JOHN 16:33**

Jesus assures His disciples that even though we have trouble in this world, we should *take heart* because He has already won the victory. We can live obedient to His Word and trusting of His will in any situation, even when it seems easier to take a path not according to His plan and purpose. Was there a time you stayed obedient to God and saw His victory come through? Tell us the story.

APPLICATION

- Do you believe that Jesus has overcome the world and won the victory over the troubles in this world? Do you want to put your faith in Him today?
- Do you consistently and daily read the Word? How can you depend on the Word more for peace starting today?
- How can you claim Christ's victory over your situation? What is one thing you can do in faith this week?

