#### **APPLICATION**

- What is your response to knowing what Jesus did for you on the cross? How will His death, burial, and resurrection affect how you live?
- Are there sins that you've repented of but you still feel guilty or condemned about? How can you live free from guilt, starting today?
- In what area of your life do you need to experience Christ's freedom? What's one thing you can do today to walk in the freedom Christ purchased for you on the cross?

#### **PRAYER**

- Thank God for what Jesus did for you on the cross.

  Thank Him for saving you, forgiving you, and freeing you.
- As Christ has changed your life, pray that you will boldly proclaim this to others and confidently share the gospel to your family and friends.
- Pray for the salvation of your family and friends who don't know Jesus yet. Ask God to soften their hearts and draw them closer to Him every day.



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# **Once for All**

WEEK 2

NOTES		

#### **WARM-UP**

- Tell us about one thing that frustrated you this week. What happened?
- Why do you think we have an aversion to judgmental people?
- How do you respond when you feel guilty about something you said or did? What do you do to remove the guilt?



<sup>8</sup>When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), 'then he added, "Behold, I have come to do your will." He does away with the first in order to establish the second. <sup>10</sup>And by that will we have been sanctified through the offering of the body of Jesus Christ once for all. HEBREWS 10:8-10

In our hearts, we know that when we do something wrong, we should do what it takes to make it right. Sin is like a debt that needs to be paid, and we do what we can to make things right. However, our best efforts—including sacrifices and offerings—are in vain and inadequate. We cannot save ourselves and make right our wrongs. That's why Jesus became a man and took our sins upon Himself. He paid the price for our sins and He has done away with the need for sacrifice—because He became the sacrifice for us, once for all. In this lesson, we will look more at what Jesus' sacrifice means for us.

## 1 No More Judgment

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace . . . EPHESIANS 1:7

Because we are sinners, we deserve to be judged for our sins and should be eternally separated from God in a place called hell. But the good news is Jesus paid the price for our redemption and forgiveness. In Christ, we are saved. There is no need to sacrifice anymore and there is no more judgment. What have we been saved from? How have we been saved?

#### 2 No More Guilt

. . . how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God. **HEBREWS 9:14** 

The writer of the book of Hebrews was comparing the result of animal sacrifice, which is limited, to the perfect and complete sacrifice of Jesus on the cross. Because of Jesus' shed blood on the cross—once for all, we are forgiven, our consciences have been purified, and there is no more guilt and shame for our sins. How would you compare a person who carries guilt with a person who has been freed from guilt? Share your testimony of how Christ freed you from your sin and guilt.

### 3 No More Bondage

<sup>5</sup>. . . To him who loves us and has freed us from our sins by his blood <sup>6</sup> and made us a kingdom, priests to his God and Father, to him be glory and dominion forever and ever. Amen. REVELATION 1:5.6

If we receive Jesus as our Lord and Savior, He not only saves us and forgives us—He frees us from the power of sin and death. By His blood and through His sacrifice, we are free and there is no more bondage in our lives. Before you became a Christian, what were you enslaved to? How did you experience this freedom Christ has given you?