

PRAYER

- Pray for each person in your group to be more sensitive to the leading of the Holy Spirit and that each one would continue to seek and depend on Him.

- Ask God to daily fill you with His Holy Spirit.

- Ask the Holy Spirit to show you mindsets that still need to be renewed.



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NOTES

CONNECT

- What one super power would you like to possess? Why?
- What is one skill or task that you are really good at? What is one that you perform poorly?
- Tell of a time when you faced a challenge that you felt powerless to overcome. How did you feel?

WORD

⁹You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ. . . .

¹¹And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

Romans 8:9,11

WHAT *What does the Bible say?*

Walking with God in this world is never easy as things that oppose His ways constantly bombard us. How then can we live a life that glorifies God in this sin-filled world? The answer is by living in the Spirit. What are the results of a life lived in the presence and power of the Holy Spirit?

- **We are delivered from the slavery of sin.**

³. . . And so he condemned sin in sinful man, ⁴in order that the righteous requirements of the law might be fully met in us, who do not live according to the sinful nature but according to the Spirit.

Romans 8:3,4

Sin is a very shrewd master. It masquerades itself as a source of freedom and satisfaction but keeps us away from the truth. But Jesus' work on the cross sets us free from the bondage of sin and helps us say "no" to it. The Holy Spirit gives us the power to live a victorious life. Knowing this truth, how has your view on the power of sin changed?

- **The desires of our mind are changed.**

Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

Romans 8:5

The desires of our minds are naturally bent on the things of the flesh, which is why God commanded us to renew our minds (Romans 12:2).

With the help of the Holy Spirit and with what Christ did on the cross, our minds can undergo change—from pleasing the flesh, to desiring God and His ways. Having a change of mindset enables us to live a life that pleases God. What mindsets were changed since you started walking with God?

- **We experience resurrection power in our daily living.**

And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

Romans 8:11

The Holy Spirit is the very resurrection power of God. Having the Spirit in us allows us to live a new life, one that is different from the way we lived our lives before knowing Christ and one where old habits, attitudes, and thinking are being done away with. What changes have you seen in your life and character since you allowed the Holy Spirit to work in you?

SO WHAT *What is the relevance of the Word to my life?*

- How does living in the Spirit empower you to live victoriously over sin?
- How does the Holy Spirit encourage you to live a new life?
- What enables you to know God's will and obey God's commands?

NOW WHAT *How do I apply the Word to my life?*

- What area in your life do you feel is still subjected to the slavery of sin?
- How can your dependence on the Holy Spirit increase?
- What particular areas in your life do you need the Holy Spirit's empowerment?