

PRAYER

- Ask God to help each member in your group become confident in asking Him for help whenever a need comes up.

- Pray for someone who has given up on following God because of life's trials.

- Pray that every believer in church will have a revelation that God is for us.

STRONG Stand Strong
Week 3

NOTES

CONNECT

- Who do you approach when you need immediate help: a relative or a neighbor? Why?
- When was the last time you helped a stranger? Share your experience.
- Name one benefit of working in a team. Tell about the benefits you received when you worked with a group.



WORD

WHAT

What does the Bible say?

¹²On the day the LORD gave the Amorites over to Israel, Joshua said to the LORD in the presence of Israel: "O sun, stand still over Gibeon, O moon, over the Valley of Aijalon." ¹³So the sun stood still, and the moon stopped, till the nation avenged itself on its enemies, as it is written in the Book of Jashar. The sun stopped in the middle of the sky and delayed going down about a full day. ¹⁴There has never been a day like it before or since, a day when the LORD listened to a man. Surely the LORD was fighting for Israel!

Joshua 10:12-14

When Joshua and the Israelites came to help the Gibeonites, their allies, they faced an enemy superior in number and strength. Facing an army of five Canaanite kingdoms was not only difficult but dangerous. However, God came to help Joshua and his army. Let us learn why we too can ask for God's help just like Joshua did.

- **God is approachable.**

On the day the LORD gave the Amorites over to Israel, Joshua said to the LORD in the presence of Israel . . .

Joshua 10:12

Joshua was bold to ask God for help because He assured him of victory over his enemies beforehand (Joshua 10:8). Joshua knew that he can approach God anytime. This should give us comfort. Just like Joshua, we too are given by Jesus assurance that we can approach Him anytime (Matthew 11:28-30). Recall a time when you asked God for help. How did He see you through?

- **God answers prayers.**

So the sun stood still, and the moon stopped . . .

Joshua 10:13

God answered Joshua's prayer with a miracle—the sun and the moon stopped, giving Joshua and his armies enough time to defeat their enemies. In the same way, God continues to answer the prayers of those

who have faith in Him and who pray according to His will. Why can we be confident that God will answer our prayers (Matthew 11:28-30)?

- **God is on our side.**

. . . Surely the LORD was fighting for Israel!

Joshua 10:14

With the Almighty God with Joshua, there is no reason why he wouldn't win the battle! Joshua and his army bravely faced their enemies who were in great number and strength because God was on their side. Likewise, with God on our side, we are a majority! What does God promise in Romans 8:31,32? How does this strengthen your confidence?

SO WHAT

What is the relevance of the Word to my life?

- What makes you hesitant to approach God and ask for help despite Jesus' call to come to Him (Matthew 11:28-30)?
- What prayer request, which you believe is God's will, have you stopped praying for because it seems impossible to happen? How does the definition of faith in Hebrews 11:1 help you change this thinking?
- How can the promise that God is for us help us to have a storm-proof life?

NOW WHAT

How do I apply the Word to my life?

- Knowing that God is approachable, write down a list of spiritual, physical, and material needs that you can begin praying for immediately.
- Ask a group member for a prayer request and commit to pray for this for at least a week.
- This week, who can you encourage by reminding him or her that God is on our side?