

PRAYER

- Intercede for each member of your group to be quick to obey what God says and to obey Him fully.



Honor God. Make Disciples.

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P.O. Box 12229 Ortigas Center, Pasig City, Philippines

STRONG

Strong

Week 1

NOTES

CONNECT

- What do you usually say when you are frightened? Share an experience.
- What concerns were you thinking about the past few days? Why?
- Whose instruction do you usually find hard to follow? Explain why.

WORD

WHAT

What does the Bible say?

“Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Joshua 1:8

When Joshua took over Moses’ role to lead the Israelites to their Promised Land, he knew a huge task was before him. However, God did not leave him on his own to face such a big responsibility but gave him the secret to success—God’s Word. Let us learn about what God told Joshua and how we can apply it in our lives as well.

- **Speak the Word.**

“Do not let this Book of the Law depart from your mouth . . .”

Joshua 1:8

“ . . . For out of the overflow of the heart the mouth speaks.”

Matthew 12:34

Like Joshua, when facing a big task, God tells us to speak His Word. The Bible also says that what we speak is only an overflow of what is in our hearts. If it is faith, then we will speak words of faith. If doubt, then words of unbelief will be spoken. What practical step can you take to help you speak God’s Word often and avoid negative confessions?

- **Meditate on the Word daily.**

“ . . . meditate on it day and night . . .”

Joshua 1:8

Joshua must have been very busy leading the numerous Israelites and fighting for their Promised Land. However, God clearly asked him to meditate on the Word constantly. Likewise, we too need to take time to meditate on God’s Word no matter how busy our schedules may be.

How do you meditate on the Word? What benefits does this bring (Psalm 1:1-3)?

- **Obey the Word.**

“ . . . so that you may be careful to do everything written in it. . . .”

Joshua 1:8

Reading, speaking, and meditating on God’s Word should lead to obedience. An important proof that we are filled with the Word is when we actually live out what God says. Obedience is important because it helps us stay in God’s direction even as we go through challenges while claiming His promises. What should be the end result every time we read the Bible (Deuteronomy 31:12)?

SO WHAT

What is the relevance of the Word to my life?

- What practical way can you do to stay away from speaking negative words? Why do you think words of faith, hope, and victory are more appealing to others?
- How can negative thoughts ruin your positive outlook? How do you prevent these from ruling your mind?
- How can your obedience to God draw more people to Him?

NOW WHAT

How do I apply the Word to my life?

- How can you encourage people with your words? Who will you be able to encourage in the next few days?
- What will it take for you to develop the habit of meditating on God’s Word? What can you start doing today for this to happen?
- How obedient are you towards God’s Word? What things do you feel God is telling you to do or to change? When and how can you start obeying God in this area?